

PEOPLE'S ACTION TRUST

**PLOT NO.243, KRISHNAGIRI MAIN ROAD, BARGUR
BARGUR TALUK, KRISHNAGIRI DISTRICT - 635104**

ANNUAL REPORT
For the Year 2020-2021

A. Introduction:

The Annual Report of the Peoples Action Trust (PAT) for 2020-2021 which provides an overview of the work that we have undertaken in the year Peoples Action Trust (PAT) during this year 2020-2021 worked to protect uncared elders, alcohol and drug addicts and deprived women and children. This is also a year when we embarked upon strengthening our strategies and internal processes, using technology, in order to be more effective and efficient in our delivery. As you are aware, as the world changed with the unprecedented occurrence of the COVID-19 pandemic and though its impact will be felt in 2020-21. Our first priority was to ensure the safety of our beneficiaries and our teams, even while our shut down and lock downs. Next, we continued to engage with our resident elders, women and children and community to raise Covid awareness, by training them on preventive measures, while maintaining social distance, wearing masks, sanitizing and hand wash. Even as we continued to engage with our communities and even carried out a village level pulse survey, we realized that in several areas our communities were facing significant challenges, accentuated by returning migrant labor.

During this year, our focus was given to elder care for abandoned old age people, rehabilitation of drug and alcohol addicts, women empowerment through women shelter center, combating family issues through Family Counselling and various awareness programs. Peoples Action Trust (PAT) moves towards forward to scaling ever-greater heights.

B. Organization Profile:

People Action Trust (PAT), a registered Trust founded by a few service minded friends over 28 years ago, has been engaged in various welfare projects for the betterment of helpless elders and addicts belonging to Krishnagiri District. Apart from these, with a view to rescue the increasing no. of alcoholics and drug addicts and to provide the requisite treatment for their cure and rehabilitation.

C. Values:

Love and Care for abandoned Senior Citizens, women, children and rescue of drug addicted families through rehabilitation services which make Social change, Sustainable life and livelihood with economic stability, Participation and empowerment.

D. Vision

Build the society with economic empowerment through association of women by encouraging literacy, income generating activities, savings, Human Rights and Total Health Care.

E. Mission:

1. Care for Elderly, women and children
2. Empowerment of youth through vocational skill trades.
3. Providing health care to poor especially for senior citizens, children and women.

F. Programmes:

1. Integrated Programme for Senior Citizens :

People Action Trust (PAT) operates Petror Alayam Old Age Home under the support of Ministry of Social Justice & Empowerment, Government of India, New Delhi. Petror Alayam Old Age Home is functioning at Krishnagiri District where a greater number of destitute and abandoned elderly people are living and have no access to old age care. These areas are identified through field observation study for the care of senior citizens. Provide due care to the helpless, neglected and abandoned Aged persons in the society. Ensure elder friendly environment towards achieving a promising peaceful condition for elders fostering their physical, mental, social and spiritual protection and wellbeing as well.

Daily yoga and walking exercises, facilities for all readings and television and many more life enjoying activities are the special provisions for our elders. Safe, secure & homely environment for the elderly, balanced Nutritional Food, Complete Medical Care and Referral Services through appointed home doctors, Recreational activities, festival and each elder's birth day celebrations are routine activities of our senior citizen's home.

Petror Alayam Senior Citizen Home started with an aim to provide a happy home for the several destitute, poor and orphaned elderly people for the past few years in Krishnagiri District. Nearby school and colleges, social club members regularly visit and entertain the elders thereby entertaining the elders and do not think of their loneliness. Also, the location of old age home is easily accessible by local transport.

During the covid pandemic period, Kabasurakudineer, Dates and Sundal, Vegetable soups and Turmeric Milk is given to all elders which has ensured them to protect from Covid infection. We have completely restricted the visitors during this pandemic.

During the year 2020-2021, 25 old age people are sheltered which include 8 males and 17 females. New admissions are 11 including Male 6 Female 5. 6 female and 4 males were discharged during last year and One elder died due to old age.

Petror Alayam Old Age Home





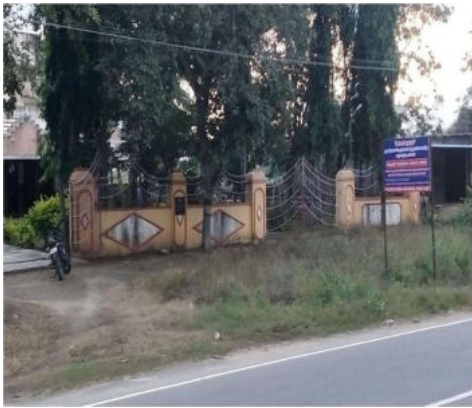
Beneficiaries	Male - 8 Female - 17
Total	25

Rehabilitation Activities

Rehabilitation Activities for drug addicts and alcoholics have been carried out to treat 21 drug addict patients. They have been referred to various Integrated Rehabilitation Centers for Addicts in nearby districts. All 21 addicts have been recovered and rehabilitated. There were 92 individual counselling sessions and 60 group counselling and 69 family counselling sessions and these sessions have given the desired effect on the erstwhile addicts, who are all enjoying a healthy working life with happy families.

2. Unnamudiyum Integrated Rehabilitation Centre for Addicts (IRCA)

Ours is the only one centre located at Krishnagiri District. During the year 2020-21, though the number of addicts is widely prevalent, due to lockdown extension only 73 addicts could be rehabilitated through our Integrated Rehabilitation Centre for Addicts. As far as our services are concerned, we pay attention on detox period for the initial one week, we make them participate in the activities like everyday class, individual counselling, group counselling, family counselling.





During the last year 850 individual counselling, 350 family counselling 175 group counselling with the participation of family members along with patients were rendered to them by allocating counsellors for each patient. Everyday yoga practice helped them to bring balance of their body and mind. Regular doctor visit also helped them to attend their medical condition by means of proper medicines and treatment. Monthly awareness also helped us to identify and spread awareness to mass community.

During pandemic situation, 11 awareness programmes were conducted decreased. Auto drivers, Public in crowd place like bus stand and daily labourers were our major target group to spread awareness.

Capacity building for Staff:

Through RRTC, capacity building training was given for our Project Co-ordinator, Nurse, Counsellor and Ward Boy working in our project.

Those addicts rehabilitated through our centre were in constant touch through tele counselling with patient and family members, home visit and centre visit by patients along with their spouse or family members to get medicines for their continuous treatment.

We also followed Relapse Intervention Programme by following strategies of Govt. to the relapse patients. We further link the rehabilitated addicts with Alcohol Anonymous groups in their respective areas in order to maintain sobriety in their life. 5 patients identified as relapse are in continuous follow-up by our counsellors for their complete recovery from the addiction and rehabilitation. Due to covid situation, during 2020-21 the maximum addicts could not reach. We hope the situation would become normal to execute our programme smoothly and cover more alcoholics towards their complete rehabilitation and integration into happy life.

3. Scheme of National Action Plan for Drug Demand Reduction (NAPDARR)

Prevention of Drugs and Alcohol addiction in Krishnagiri District:

Our organization implemented Awareness programme on Prevention of Drugs and Alcohol addiction in Krishnagiri District. This District is one of the backward districts with population of daily labourers, construction workers and petty vendors. Alcoholism is widespread problem among them. Considering the need, we sensitized auto and truck drivers, school and college students through various programme strategies. The main reason for covering them is to reach the target groups through their co- operation and support. We arranged a Resource Person to inculcate them with adequate knowledge on addiction related problem through several educative sessions.

Auto and Truck Drivers and construction workers and backward communities were also spread awareness through following different strategies like street talk, quiz and distribution of prizes on imparting knowledge on drug and alcohol addiction. We also tried to identify the target population and linked them towards their rehabilitation by way of admitting them in recognised Integrated Rehabilitation Centre for Addicts in and around Krishnagiri District.

Apart from that bus stand where there is crowded population of local people, market places were covered awareness messages through songs through street plays, songs, skit. Due to Covid situation, we could not cover more population as planned by us. But we are hopeful the target people who have attended our programmes would take the informations to the target people and enable them to rehabilitate through proper channel.

At this juncture, we wish to extend our thankful regards to Department of Social Defence for their guidance and Ministry of Social Justice and Empowerment, Government of India for their financial support for this needy project.

4. Women Shelter Center

PAT operates Women Shelter Center for recognizing the need to prevent women from exploitation and to support their survival and rehabilitation.

This center provides temporary accommodation, maintenance and rehabilitative services to women and girls rendered homeless due to family discord, crime, violence, mental stress, social ostracism or are being forced into prostitution and are in mortal danger.

Special training and rehabilitation	Occasional training: Rope Bag making Individual counselling Group therapy Group programme Yoga and rehabilitation
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5. Creche Centers

PAT is running two Creche Centre Kattiganpalli in Krishnagiri District which has a large population of working women who used to take their kids to their workplace, involving considerable hazards. For such women, the Creche Centres offers an ideal solution – as during day time, the babies (in the age group of 2 to 5 years) are left at the Creche Centres and our caretakers extend the necessary help. The children are kept clean and tidy and initial toilet training is also given. The children listen to some soft music, nursery rhymes, etc. These activities create an interest for the children in learning, and they look forward to going to regular school after they complete 5 years. Each Centre can take care of 25 children. There were in all 11 new admissions; 14 children reaching the age of 5 were discharged and subsequently were admitted in regular schools.

6. Tuition Centre for Poor students

Evening tuition centers for the children from the poorest families in the community to enhance their online study during this covid 19 period are arranged in 10 places with the help of local volunteers. During the year, such coaching was given for more than 200 children in and around Dharmapuri.

7. Awareness Programme

Awareness Programmes were organized to impart awareness about the prevention of Covid – 19 in 30 villages.

Wearing masks, social distancing and sanitizing were highlighted in the awareness programs. Symptoms of Covid have been elaborated and our volunteers were supported the people who are with symptoms to undergo the covid test.

8. Family Counselling Centre

PAT Family Counselling Centre is functioning at Krishnagiri District. Our Centre allows clients to receive professional and referral services in a safe, confidential environment, while serving as a liaison with police authorities and government systems for individuals in need. Services mainly support women's issues, including dowry harassment and recovery of seedhana articles. In these cases of divorce and property disputes, the clients are guided through the legal process.

During the year 2020-2021, total number of cases are registered in the counselling center are 324. These cases have various family and community issues such as Mal- Adjustment problem with spouse, love affairs, dowry demands, Interference of parents/in-laws, extra marital relations, alcohol / drug addiction, economic crisis at the family, sexual problem and abuse, depression and family property dispute. Among them, 319 cases are solved and 5 cases are pending. The cases are referred from All Women Police Station, Families and IRCA.

G. Conclusion:

Peoples Action Trust (PAT) and its team served dedicatedly for our beneficiaries though the pandemic covid – 19 exists in our project areas of Krishnagiri and Bargur Taluks of Krishnagiri District serving neglected Senior citizens and deserted women and children, drug and alcohol addicts. Our services are carried out through continuous support of Govt. of India, individuals, foundations, corporations who continued to extend support to fight poverty and save lives of seniors, women, children and families.

Peoples Action Trust (PAT) expresses its gratitude to our individual donors for who contributed for the wellbeing of elderly people and all our beneficiaries. We assure to all our supporters, well-wishers and volunteers we will continue with more quality added facilities in all our programs during the coming year of 2021-2022.